

## **Adult ADHD referrals**

### **Manygates -**

Manygates is the NHS service. There is around an 18-24 month waiting list. They offer a diagnostic assessment and can offer ongoing support and medication. Referrals are initially reviewed and prioritised based on clinical need. You will be asked to complete an information pack prior to the assessment process. You will then have a initial video assessment, and around 80% referrals will go on to have a further face to face assessment.

If you receive a diagnosis medication option will be discussed. If you chose to start medication this will be initiated by the ADHD service. Once you are stable on a regular dose Manygates will ask us to enter a Shared Care Agreement. This means we can prescribe your medication providing you remain stable and are under annual review with the ADHD specialist service.

Manygates do not offer medication titration for those who have been diagnosed in the private sector.

You can see more information and the referral form here-

[Adult attention deficit hyperactivity disorder \(ADHD\) service - South West Yorkshire Partnership NHS Foundation Trust](#)

### **Psychiatry UK -**

Psychiatry UK are a national private service who see NHS patients living in Huddersfield via right to choose. They offer diagnosis and treatment for ADHD. The assessment is done via video, you will be asked to complete some screening questions prior to this.

Once you have been diagnosed if it is decided that you will start medication you will be added to a different waiting list for medication titration, this can be several months after diagnosis.

Once your medication is stable Psychiatry UK may ask that we as your GP take over prescribing via a Shared Care Agreement. Providing that the conditions are met from Psychiatry UK we are usually able to do this. You would need to stay under their care for an annual review.

You can see more information here-

[Right To Choose ADHD – Psychiatry-UK](#)

### **Other private services -**

There are other private services available for ADHD assessments. None of the other services would automatically be commissioned in Huddersfield via right to choose at this time.

If you are diagnosed via a private service, you cannot automatically be transferred to the NHS for ongoing monitoring of your treatment. We are often not able to enter shared care agreements with private providers to be able to prescribe your treatment. If you chose to have a private assessment you should be prepared to continue to pay for your prescriptions and annual reviews privately.

### **NHS services in other parts of the country –**

If you are new to the practice and have been under an NHS service in another part of the country, you can be transferred by your NHS consultant to the local service. If they are unable to do this we may be able to do a new referral providing we have all the information from your previous service.

### **Diagnosed abroad –**

If you are new to the country and have been diagnosed and started on medication abroad, we will be unable to prescribe your medication under NHS shared care until you are under a specialist service. Manygates or PsychiatryUK may be able to take over your care without further assessment, or you may be required to undertake a further diagnostic assessment. If you are able to provide the full details of the assessment you had it is more likely that the NHS can take over your care without the need to carry out another full diagnostic assessment. You may be able to get a private prescription for your medication from a private ADHD specialist whilst you are awaiting the NHS referral.